**Chocolate Nut Stars**

**Ingredients**

200g 85% plain dark chocolate

2 tbsp. extra virgin coconut oil

2 tbsp. chopped nuts or seeds

1 teaspoon vanilla powder (optional)

1 tbsp. Grade A maple syrup

**Instructions**

Melt the chocolate in a saucepan on a low heat, stirring continuously

Add the coconut oil and mix in until thoroughly melted.

Add the nuts/seeds, maple syrup and vanilla powder if using until combined.

Pour the mixture into an ice cube tray to make approximately 15 cubes and put in the freezer. Freeze thoroughly and remove a couple of cubes when you require a healthy chocolate fix!